

Child and Family Services Update

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Employee Assistance Program

By Helen Dipo

The Department of Human Services recognizes that a wide range of personal issues can adversely affect an employee's state of mind, health, and job performance. The Employee Assistance Program (EAP) offers troubled employees professional assessment, counseling, and if necessary, referral to appropriate treatment. It guarantees that the employee will be treated with dignity, respect, and confidentiality.

The goal of EAP is to improve the Department's overall productivity by helping employees resolve issues that impact performance and job satisfaction. It can help with issues such as family problems; alcohol and drug abuse, work-related stress, legal problems, mental health, marital issues, and similar matters. Please note that all issues are dealt with in complete confidence.

There is no cost to the employee for this service unless a referral is made for further treatment. Further treatment **may** be covered under the State's health insurance programs.

The EAP office is housed at the Department Administration Building at 120 North 200 West, administered by Brent Johnson, LCSW. Brent has an extensive background and a great deal of experience, as he has been running EAPs for government offices and the private sector since 1976. He also does site visits to outlying offices in Salt Lake City, Murray, Holladay, Provo, Ogden, USDC, and USH, and he will visit other areas as the need arises.

The EAP can be accessed by calling **(801) 538-4216**.